

# Idaho Alpine Club Bulletin

Volume 49 - Issue Number 6 - June 2009

CLIMBING MOUNTAINEERING BACKPACKING DAYHIKING BICYCLING XCSKIING SNOWSHOEING RAFTING

web site: [www.idahoalpineclub.org](http://www.idahoalpineclub.org)e-mail: [info@idahoalpineclub.org](mailto:info@idahoalpineclub.org)

## 2009 Council

President	Mark Whitham	520-7232
Vice-president	Teak Cummings	524-5136
	Jeff Coward	522-8135
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

## Members-at-Large

Colleen Bohan	529-0151
Jim McBride	529-0586
Sam Pole	523-4970

## Council Meetings:

Council Meetings are held on the second TUESDAY of each month at 7:00 PM until further notice

Upcoming Council Meetings:

June: Pole's Home 1932 East 25th St.

July: Cumming's Home 1860 Whitney

## Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering		
	Kevin Coble	529-8142
	Eric Larsen	522-9354
Conservation	Open	787-2601
Cross-Country Skiing / Snowshoeing		
	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	787-2601
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

## General Club Meeting

Held at **7:30 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

## **JULY Bulletin Deadline is:**

**5 PM on JUNE 10**

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at [editor@idahoalpineclub.org](mailto:editor@idahoalpineclub.org)

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

## IDAHO ALPINE CLUB GENERAL MEETING

### "BUILDING WOODEN KAYAKS AND CANOES"

BRING A FRIEND AND ATTEND

WEDNESDAY, June 3, 2009 ~ 7:30 PM

IDAHO FALLS LIBRARY

If you've ever bought a kayak or canoe, you may have scratched your head when faced with all the different design options for boat hulls that go beyond just length and width such as flare, rocker, soft vs. hard chines and tumblehome. This month's speaker, Curt Molton, the owner of Snake River Wooden Boats, designs and builds kayaks and canoes out of western red cedar and he will shed some light on how a boat's design affects its stability and the way it handles. Curt has been making wooden boats for 4 years and draws on 30 years of experience designing aircraft carriers and submarines with the Newport News Shipbuilding and Dry Dock Co. Curt is the only commercial builder of wooden canoes and kayaks in Idaho who is licensed by the Coast Guard. Last year he registered one of his canoe hull designs with the US Patent Office. Curt coats each wooden boat he builds with fiberglass and three coats of epoxy and it takes about 200 hours to complete a boat. The end product is a gleaming work of art. Come and learn what goes into designing and building a boat and check out one of Curt's beautifully made kayaks and paddles that he will bring with him to the meeting.

The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact [programs@idahoalpineclub.org](mailto:programs@idahoalpineclub.org), log onto the club website at [www.idahoalpineclub.org](http://www.idahoalpineclub.org), or contact Bob Tyler at 787-2601.

## **President Speaks**

Hey everyone, summer is almost here so now is the time to get out and enjoy the sunny weather. With the change in seasons there is also a change in hazards out there in the backcountry. We can stop worrying about avalanches and start watching for snakes and ticks. Hypothermia is rare in the summer months but we need to watch for heat related illness such as heat exhaustion and heat stroke, do you know the symptoms? Don't forget to pack the sun screen and insect repellent, the mosquitoes can be fierce early in the year. So to summarize, watch for snakes, check for ticks, drink lots of water so you don't get sick, and smear sun screen and insect repellent over all your exposed skin so you don't get burnt or eaten alive now don't forget the most important thing... have fun.

Mark Whitham

### Participation on Club Activities Common Adventure / Trips:

With the exception of rafting, Non-members may attend a maximum of two club trips or activities, then must be members in good standing to continue participating.

Participants on rafting trips or rafting rentals must be members in good standing.

Participants on a club trip must pay any established trip fee, abide by club rules and activity guidelines, and must follow instructions of the activity coordinator.

An individual may not participate in any common adventure/trip of the club unless that individual has read and signed the common adventure form for that specific activity prior to embarking on that adventure / trip / activity.

### Day Hiking / Backpacking

Unless otherwise indicated in the trip descriptions contact Sam Pole: Home-523-4970, cell-520-3630, or email sbpole@cableone.net for trip information and to sign up to go on a scheduled trip.

Well, we are into the new year and I hope all of you are looking forward to hiking, biking, rafting, climbing, etc. following your winter activities. For the previous seasons I have had the uncanny ability to pick a fairly high number of week-ends with bad weather (Rain, snow, freezing temps, and high winds). I'll try to pick better weather days for the 2009 hiking season. I will also continue to schedule Thursday hikes. In addition, I intend to include one over-night hike each month. Some multi-night hikes are also planned. So, check your club bulletin to see scheduled activities and mark your calendars for some hiking in 2009. Sam Pole, Hiking Coordinator.

### All Trips Bring Your Own:

1. Water
2. Food/snacks
3. Dress in layers. Bring adequate extra appropriate protective

clothing - no cotton. Hat and gloves or mittens.

4. Minor first aid items including sun screen, personal medications, as needed during the day.
  5. Headlamp (& Batteries)
  6. Map & Compass
  7. Sunglasses
  8. Lightweight shelter/space blanket.
  9. Appropriate equipment- depending on activity or terrain.
  10. Repair kit for your own equipment including duct tape.
  11. Mat to sit on
- Other personal items of interest

*NOTE: The following meeting and time information applies to trips led by Sam Pole. If anyone else is leading a trip call them for the meeting location, time, and to sign up to go.*

### June 6: Dayhike/Meadow Lake north of Mud lake, Lemhi Mts.

Hike round-trip 3-5 miles, depending on how far we wish to go. The hike is moderate uphill to a divide for scenic views of Meadow Lake and the surrounding mountains. Trip leader, Sam Pole. Please contact Sam prior to departure via cell, 520-3630. Meet at the West-side Wal-Mart parking-lot at the garden end. Depart 7:30 am.

### June 11: Dayhike / Pine Creek Pass Crest east of Victor, Idaho

Hike round-trip 3-6 miles, or whatever we wish. Hike should be moderate with an initial climb to the crest and then general wandering along the crest. Views of the Big Holes, Teton Valley, the Tetons, etc. Trip leader, Sam Pole. Please contact Sam prior to departure via cell, 520-3630. Meet at the Ammon Wal-Mart parking-lot at the garden end. Depart 8:00 am.

### June 19-20-21: Backpack/Upper Palisades Lake – Waterfalls Canyon

This is our first overnighter. My preference is to hike in late Friday afternoon; camp at Upper Palisades Lake; day hike Sat. to Waterfalls Canyon; return to camp for Sat. night, and then hike out Sunday morning. Hopefully both waterfalls will be flowing and wildflowers will be in bloom. Trip leader, Sam Pole. Please contact Sam prior to departure via cell, 520-3630. Meet at the Ammon Wal-Mart parking-lot at the garden end. Depart 3:00 pm.

### Climbing

For information on club climbing trips contact Kevin Coble at 529-8142 or Eric Larsen at 522-9354. Otherwise to find out about climbing locations or impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

[http://www.macrobotics.com/mailman/listinfo/iac\\_climbing](http://www.macrobotics.com/mailman/listinfo/iac_climbing) or, via email, send a message with subject or body 'help' to: [iac\\_climbing-request@macrobotics.com](mailto:iac_climbing-request@macrobotics.com)

Wednesday night summer climbing is expected to begin the week after Memorial Day weekend. Sign up for the mailing list for the schedule.

### Bicycling

For spring bicycling information and trips, contact Jeff Coward at 208.522.8135 or by email: [bicycling@idahoalpineclub.org](mailto:bicycling@idahoalpineclub.org)

Below is an abbreviated list of available cycling (and a few other) events for 2009. \* - rides I am planning on doing

? - rides I may do

June 6, 2009 - Little Red Riding Hood women's only century (38, 62, 100 mile options) [lrhh@bbtc.net](mailto:lrhh@bbtc.net)  
<http://www.bbtc.net/Calendar/annual/lrrhinfo05.htm>

\* **June 13, 2009** - West Yellowstone to Warm River (mtn bikes)

\* **June 20, 2009** -Tour of Marsh Creek Valley, Pocatello, ID <http://www.idahocycling.com>

\* **June 27, 2009** - RATPOD - Ride Around the Pioneers in One Day - <http://www.ratpod.org>. Reserved spaces offered in advance for the 2009 ride to riders who raised \$1,000 or more at RATPOD 2008. Remaining spaces will then be made available through online registration beginning March 7, 2009 until cap of 500 riders is reached.

**September 12, 2009** (Saturday) - Logan to Jackson road race, <http://www.lotojaclassic.com> LOTOJA registration opened Tuesday, 4.7.09.

**July ??-??, 2009?** - North Idaho rail trail rides, boating, etc. Let me know which dates are good to go.

July 14, 2008 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #6 Sunnyside Hill, 6 miles

July ? and/or August ? - Rigby Lake ride(s)

August 1, 2009 - Alan Butler Criterium - Idaho Falls ICE race, <http://www.idahocycling.com>

August 22, 2009 (Saturday) - Cycling Association of Star Valley, 20,38,45,65,85,100 mile ride & BBQ <http://www.casv.org/casvar.htm>

Sept/Oct ??, 2009 - Old Faithful ride - <http://www.cycleyellowstone.com/> (both tours) Online registration available at:

[http://www.active.com/event\\_detail.cfm?event\\_id=1492044](http://www.active.com/event_detail.cfm?event_id=1492044)

## Rafting

For information on renting club rafting gear (IAC club members only) contact Greg Hulet at 523-6199 or [rafting@idahoalpineclub.org](mailto:rafting@idahoalpineclub.org).

For trip information contact the trip leader indicated in the trip description. You MUST be an IAC member to participate in IAC raft trips.

**June 6 or May 30: Rafting/Fall River** (Class III+), One or two runs depending on interest of those signing up. (Greg Hulet 523-6199)

**June 13-14: Rafting/Sunbeam day section Salmon River** (class III). Camp at Mormon Bend (O'Brien closed for bridge repair). Bring your own boat. No walk-on please (Jim Lee 208 569-5573).

**Rafting: April - November:** Call to arrange Alpine Canyon (class II-III) float trips. Preferred trips would be with participants providing their own boats and equipment (15 max total). I can sometimes accommodate 1-4 people needing equipment. Note: Saturday's are very busy. Week day afternoons or Sundays work best. (Jim Lee 208 569-5573) Note: Saturday's are very busy. Week day afternoons or Sundays work best.

For those planning to take a group to Alpine Canyon the following rules apply. You will be ticketed if you are caught breaking them:

1. Maximum party size with no permit is 15. If your party is 15 people or less, no other limits apply, including the four boat limit.
2. Organizational trips only apply to groups with a paid leader (Some outdoor programs, Youth Minister, etc.).

## Rafting Gear Available to Rent for IAC Members Only:

- 16-ft Ryken self-bailer
- 15-ft Aire self-bailer
- 13.5-ft Maravia self-bailer
- 14-ft Ryken conventional floor
- 14-ft Udisco conventional floor
- Inflatable kayaks - 2

Rafts can be checked out by those who have demonstrated ability to handle a boat on the type of water to be run. Life jackets are included with each boat. Boats must be returned dry and clean. Damage to boat must be repaired and if extensive, paid for. Checkout fees are for days on the water. All fees go to the rafting fund to buy new equipment.

- Self bailers - \$60/day
- Conventional floor - \$20/day
- Inflatable kayaks - \$20/day

## Invasive Species Prevention

NOTE: There is a new bill that passed legislation in Idaho. All craft..motorized and non-motorized (except inflatable non-motorized craft under 10 feet) is required to have a sticker. The web site: [http://parksandrecreation.idaho.gov/ida\\_hoinvasivespeciesfund.aspx](http://parksandrecreation.idaho.gov/ida_hoinvasivespeciesfund.aspx)

At the bottom of the page is a link to purchase a sticker, and you can purchase multiple stickers.

When in full enforcement, the fine will be \$57. The sticker is \$5.00 per person plus \$1.30 for online purchase.

The money will go to the Idaho Invasive Species Fund.

## Caribou-Targhee Maps on Line

Most of the Palisades and Teton Ranger District color topographic maps on the Caribou-Targhee National Forest web site have been revised to reflect trail number, trail route and trail use changes. Many of the Palisades district trails have been recently GPSed and so the maps are now considerably more accurate. There are 11 maps at a scale of 1:112,500 covering both ranger districts and 13 more detailed maps (hiking scale, 1:50,000) covering popular trails. All maps are Acrobat format and can be printed at home.

## For Sale:

1. Marmot Screech 2-3 person backpacking tent, excellent condition. Asking \$100.00
2. Two Kelty external frame packs. One medium/large and one small(teen or woman-sized). Good/very good condition. Asking \$25 apiece.
3. North Face woman's 20 degree Cat's Meow synthetic sleeping bag. Good/very good condition. Asking \$60.00.

Contact Sam Pole: Home-523-4970, cell-520-3630, or email [sbpole@cableone.net](mailto:sbpole@cableone.net) for further information.

## IAC Logo T-Shirts & Patches!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with embroidered IAC Logo! Short sleeve \$14 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large.

A limited number of embroidered Color IAC Logo Patches are available for \$10 each.

The shirts and patches are available at the monthly meetings or contact the club Treasurer to get yours sooner.

Dates to Remember:

JUNE 3: IAC GENERAL MEETING

June 6: Rafting/Fall River  
or May 30

June 6: Dayhike/Meadow Lake  
north of Mud lake, Lemhi  
Mtns.

June 11: Dayhike / Pine Creek Pass  
Crest east of Victor, Idaho

June 13-14: Rafting/Sunbeam day  
section Salmon River

June 19-21: Backpack/Upper Palisades  
Lake – Waterfalls Canyon

Climbing: Subscribe to find out the  
weekly climbing location.

Bicycling: Club & local events listed  
on pages 2-3, regional in  
February & March  
Bulletins on Website.

Get out there and experience it!

**Enjoy the outdoors with the  
IAC  
Join today**

*For more information write to the  
address below or visit our web site  
to download a free newsletter and  
application:*

**Idaho Alpine Club  
P.O. Box 2883  
Idaho Falls, Idaho 83403-2883**

[www.IdahoAlpineClub.org](http://www.IdahoAlpineClub.org)

**Membership Fees**

Full Year 7/1 to 10/1

Individuals: \$20 \$15  
Family: \$25 \$20

After October 1, the payment of full  
year fee applies to the following  
year.

Full-time students (18 or older) and  
seniors (65 or older): \$5 off the  
above fee schedule.

IAC Council Meeting Monthly  
minutes are available on line.

**Support the Merchants who  
Support the IAC**

Show your membership card for 10%  
discounts on regularly priced  
merchandise:

- ★ Idaho Mountain Trading  
523-6679  
Shoup & B, Idaho Falls
- ★ Canyon Whitewater Supply  
522-3932  
450 S Yellowstone, Idaho Falls
- ★ Alpine Schwinn 523-1226  
1352 S. Holmes Ave.
- ★ Bill's Bike Shop 522-3341  
805 S. Holmes Ave.
- ★ Lynna and Leland Howard offer  
members of IAC a 10%  
discount on all of their  
published books. 357-1917 or  
357-3166;  
[lynna.howard@mac.com](mailto:lynna.howard@mac.com)  
[leland@wildernessbooks.com](mailto:leland@wildernessbooks.com)
- ★ Stone Walls Rock Gym. Call  
528.8610 for information.  
Winter hours are:  
4-9 PM Monday - Thursday  
4-10 PM Friday  
12 - 10 PM Saturdays
- ★ Discounts on Jerry Painter's  
Hiking & Biking guide books

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