

Idaho Alpine Club Bulletin

Volume 46 - Issue Number 6 - June 2006

COME

BACKPACK DAYHIKE BIKE CLIMB MOUNTAINEER XC-SKI SNOWSHOE AND RAFT
WITH US

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

2006 Council

President	Bob Tyler	523-5560
Vice-president	Alan Crockett	529-5188
Secretary	Jeff Coward	522-8135
Treasurer	Ken Krivanek	528-8224

Members-at-Large

George Cole	522-4084
Sandra Pew	524-6442
Judy Williams	523-3814
Leon Wolfram	523-0067

Council Meetings:

Council Meetings are held on the third Tuesday of each month at 7:30 PM

July Council Meeting Will Be At:

Ken Krivanek's - 2185 St. Clair Rd

Activity Coordinators:

Backpacking	Mark Whitham	520-7232
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering	Kevin Coble	529-8142
	Eric Larsen	522-9354
Conservation	Tim Adkison	542-0786
Cross-Country Skiing / Snowshoeing	Whithams	520-1728
Day Hiking	Whithams	520-1728
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Donna Whitham	520-1728
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	522-4064
Program	Donna Whitham	520-1728

General Club Meeting

Held at **7:30 P.M.** on the first Wednesday of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

AUGUST Bulletin Deadline is:

Midnight July 16

Materials for inclusion in the next bulletin are due by the weekend before the council meetings.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin time permitting.

No July Meeting

Get Outside & Have Fun!!!

Mark Your Calendar for the
Idaho Alpine Club
Summer Picnic in August

President Speaks

You may have noticed we've shortened our newsletter from six pages to four pages by discontinuing printing the membership application on a monthly basis. The reason is that we can save about \$20 a month in printing costs with a shorter newsletter. This is important because we are a somewhat smaller club than we used to be and we have smaller revenues from membership dues. Also, it has been about ten years since we last raised our dues and of course costs have increased since then. The membership application is always available on the club website for download as a PDF file.

We do not want to raise our dues any higher if we can avoid it so we have been looking for some ways we can trim a few expenses. Publishing the newsletter is our largest budgetary item. Last year our revenues were about \$1700 and printing and mailing the newsletter ate up about \$1375 of that. In fact, in 2005 club expenses absorbed all of our club income with nothing left over to spare. So unless we can get an influx of new dues paying members, we are on the verge of having to dip into our cash reserves at the bank to make ends meet. Saving a little money on our newsletter is one way to get around this. With the shorter newsletter we have decided to move the minutes of the council meetings to our club web site. We're also looking at the feasibility of using a bulk mailer to save a little on postage costs.

On a lighter note, I hope everyone is taking advantage of club outings and having a great summer out there.

Bob Tyler

Upcoming Programs

Summer Picnic in August

Watch for Details

Rafting

For information on rafting trips, or contact Greg Hulet at 523-6199 or rafting@idahoalpineclub.org, or contact the trip leader indicated in the trip description.

July 15, Hatchery Ford. Bring your own boat. (Henry's Fork class III). (Jim Lee 524-5836)

July 19-23, South Fork Boise River. Bring your own boat. (class III-IV). Camp near Danskin bridge. (Jim Lee 524-5836)

Day Hiking / Backpacking

For information on current trips or to sign up to go, contact Mark or Donna Whitham, 520.1728 or dayhikes@idahoalpineclub.org, unless otherwise indicated in the trip descriptions.

July 21-23 Backpack: Bear Valley Lakes located in the Lemhi Mountains, class 2, 2360 elevation gain, approx 13 miles round trip, extra 2.5 miles to see upper lakes. We will drive to trail head on Friday night and return to IF on Sunday evening. Leashed dogs welcome. (Whithams).

August 12 Dayhike: Taylor Creek located in the Centennial Mountains, class 2, approx 3264 ft elevation gain, approx 14 miles round trip. Leashed dogs welcome. (Whithams).

August 19 Dayhike: Upper Palisades Lake. This will be an easy hike that is made more difficult by its length (16 miles round trip). This is arguably one of the best trails on the Snake River. We will meet at the McDonalds on Yellowstone Highway at 8 AM and drive to the trailhead in a car pool. The hike will follow the Palisades Creek and will offer splendid scenery; lots of moose, deer, and some Mountain Goats roaming the high rugged cliffs along the trail. After 4 miles we will come to the Lower Palisades Lake where many people fish and camp. After a short break we will continue to the upper Palisades Lake (another 2 miles). Here you can swim out to an island and soak up some sun after a cold & invigorating swim, paddle, or float. We will return down the canyon and reach the trail head by 7 PM. We will enjoy dinner at the Angus Cafe in Swan Valley, and return to IF by 9PM. Call Ken Krivanek for more information: 528-8224.

August 26th Dayhike: Table Mountain. This will be an intermediate hike that is made difficult by the steepness of the first 4 miles. This again is one of the most popular hikes in southeastern Idaho/western Wyoming. We will meet at the McDonalds on Yellowstone at 7 AM and drive to the trailhead in a car pool. The hike will ascend to the top along the steep face for 4 miles.

This is a steep climb but doable for anyone in reasonable condition. (If you can do the previous weeks trip to Upper Palisades, this is doable). We will reach the top by 1 PM and enjoy the scenery and have a long, well deserved lunch while being held in the arms of the Teton range. We will then hike down the back side of Table Mountain for 6.5 miles and reach the trailhead by 6 PM. We will head into Victor and enjoy dinner at the Knotty Pine, and return to IF by 9 PM. Call Ken Krivanek for more information: 528-8224.

September 16-17 Backpack: Green Lakes located on the west slope of the Tetons, class 2, 2040 elevation gain, 13 miles round trip. Leashed dogs welcome. (Whithams).

Climbing

For information or driving directions contact Kevin Coble at 529-8142 or Eric Larsen 522-9354.

2006 Wednesday Evening schedule:

July 12th Paramount
July 19th Blackfoot
July 26th Heise (???) or Paramount
Aug 2nd Blackfoot
Aug 9th Ross Park
Aug 16th Paramount
Aug 23rd Blackfoot
Aug 30th Ross Park

Bicycling

For biking information, contact Jeff Coward at 522-8135 or send an e-mail to bicycling@idahoalpineclub.org

Fast training rides during Daylight Saving Time start every Mon. & Wed. at 6 pm from Alpine Cyclery.

July 7, 2006 – Rigby Lake ride(s)

August 26, 2006 - Cycling Association of Star Valley, 20,38,45,65,85,100 mile ride & BBQ. Location: Though the Lincoln county fairgrounds were pretty good, we've made arrangements for an even better location. This year we'll be starting the ride from Canyon View Park.

This park is located about 1/2 mile north of the fairgrounds and East of Route 89. It is a bit more secluded than the fairgrounds and has a big shelter house, lots of trees, a stream and a large paved parking lot. We'll put out some big signs so that everybody will be able to find it in the morning.

Routes: Generally, we're going to use the same routes as 2005. However, we reversed the North loop on the century to eliminate that killer climb at mile 75.

Day after: We're going to have a breakfast ride on Sunday morning, the 27th. Any of the ride participants that are interested can join the CASV club for a 25 to 30 mile jaunt. We will meet at a local restaurant for breakfast will leave from there.

Remember, if you participated in CASVAR last year, we're going to give you \$5.00 off your registration for every rider you refer this year. That means if you bring 5 other riders with you, you get \$25 off your 2006 registration. If you bring 100, well, we'd really be surprised and we'd have to work out something really nice for you.

Online Registration. Go on line at www.casv.org/casvar.htm to register, order extra T shirts and extra BBQ tickets

October 7, 2006 - Old Faithful ride - www.cycleyellowstone.com/

Knobby Tire Series

mountain bike races
www.knobbytireseries.com/

August 5-Intermountain Orthopaedics

White Knob Challenge

August 19-20-Tamarack Twister NORBA State Championships

Idaho Cycling Enthusiasts (ICE) time trial series and other ICE rides:

www.idahocycling.com

You do not need to be a racer to test yourself on this series. There are four flat time trials, and four hill climbs.

You can ride two of them without being an ICE member if you are the guest of a member. To ride more than two time trials, you need to be an ICE member

ICE Schedule:

July 11, 2006 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #6 Sunnyside Hill, 6 miles

July 25, 2006 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #7 Sunnyside Hill, 6 miles

August 13, 2006 (Sunday) - Fish Creek training ride – ICE

August 15, 2006 (Tuesday) 6:30 pm - Idaho Falls ICE time trial #8 West River Road, < 10 miles

More rides will be listed later as dates are finalized.

Trail Work Opportunities:

Friday, July 14th to Sunday, July 16th: Teton Basin Ranger District / Teton Valley Trails and Pathways trail work days and campout at Calamity Creek.
Saturday, August 19th: Teton Basin Ranger District / Teton Valley Trails and Pathways trail work day at Long Ridge of the Mount Manning Trail.
For details & to sign-up: <http://www.tvtap.org/TrailsDays2006/TrailsDaysDetails06.html>

Chocks and Nuts:

IAC Council Meeting Minutes

NOTE: Monthly minutes will be published at www.idahoalpineclub.org.

Support merchants who support the IAC

- ★ Idaho Mountain Trading 523-6679
Shoup & B, Idaho Falls
- ★ Canyon Whitewater Supply 522-3932
450 S Yellowstone, Idaho Falls
- ★ Stone Walls Rock Gym: Call 528.8610 for summer hours.
- ★ Free Heel and Wheel 406-646-7744
40 Yellowstone Ave.
West Yellowstone, Montana
- ★ Discounts on Jerry Painter's Hiking & Biking guide books

For Sale:

Sears propane 2 burner camp stove, never used, \$25. Two pairs metal snowshoes (pointy backs) without straps \$15, one pair Cabela wood snowshoes with straps \$30. Call Rik Thomas 745-5001 or Garney Hardy 522-6128.

Trip Reports

April 8, 2006 Yellowstone Park ride
This ride was well attended despite cooler weather than last year. Riders included Barb Brown, daughter Robin, and grandson Brendan (in a trailer), Alan "Lance" Crockett, Jeff Coward, Ken Krivanek, Judy Williams, Donna Nicklaus, Sandy & Bob Pew, and Steve & Pat Huntington. Barb, Robin, and Brendan turned around at the bridge over the Madison

River, while the other riders continued to Madison Junction. Alan continued on towards Gibbon Falls. The rest of us stopped for lunch at Madison Junction. We had thought about riding towards Gibbon Falls also, but the wind picked up and a few snow pellets fell so we decided to head back in case the weather turned nasty (it didn't). There were a few bison on the road again this year. Also seen were some elk, geese, ducks, and other birds. The snow walls at the visitor center parking lot were to 8 to 12 feet high, although the snow depth in the park was between 2 to 4 feet. The road was clear, and the weather conditions were mostly cloudy, with temperatures in the 42-52 degree range. There were nowhere near as many riders as last year when the weather was sunny with 65 degree temperatures, but there were still several dozen at least. The park service was NOT charging entrance fees at the west entrance again this year.

June 11-Elkhorn Mt.:

The weather was sweet for the 9 mile hike up this 9,095 foot peak. A huge cairn built in 1878, on the first ascent, by the Hayden Survey party still sits atop the summit. The 360 view from the summit makes the 2,630 foot climb from the trail head worth the effort. Participants were Deb Harrison, Mel Nichols, Alan and Lois Suski, Colleen Thompson, Steve Huntington, Bill Chalkly, and Mark, Donna, Tyler, and Heyburn Whitham.

June 18-Echo Crater:

Ken Krivanek and Dani Cummings joined Mark and Donna Whitham for a flower walk to the top of Echo Crater at Craters of the Moon National Reserve. Scorpion Weed, Larkspur, Dwarf Monkeyflower, Bitterroot, Buckwheat, Dusty Maidens, Penstamen, Groundsel,

Heartleaf Arnica, Hot Rock Penstamen, Cinquefoil, Phlox, were among the flowers in bloom. Ice cream in Arco was a welcome treat on the way home.

June 24-25-Annual Chick Trip:

After checking access into Farley Lake, with the Sawtooth NRA trail manager, we decided that the Upper Bench Lakes would be a safer option for the annual chick trip. It turned out to be a beautiful choice for this fun trip. The 4 mile hike in was leisurely. The lake was cold and refreshing. The mosquitoes tho' pesky, were slow. The lakeshore campsite had a wondrous view of Mt. Heyburn to enjoy while we rolled and ate sushi, coleslaw, and mandarin orange cheesecake. In the morning the lake mirrored the sunlit mountain. Participants were Susan McKinley, Mel Edmondson, Katherine Coble (our sushi chef), and Donna Whitham.

July 2-Darby Canyon:

Another sweet weather day for doing a bit of trail maintenance and hiking to the entrance of the Darby Wind Cave. Lush meadows of flowers are interspersed with forested areas. After passing a stone memorial to five hikers who lost their lives to lightning in 1951, the trail climbs steeply up switchbacks to the cave. In the fall of 2004 the switchbacks were paved with flat rocks into a stair case of sorts to control the erosion which was occurring due to all of the little goat paths to the cave. At this time of the year an immense amount of water pours out of the cave. The water spray in the shade was a welcome respite from the warm hike up the canyon. Participants were Pat and Steve Huntington, Eileen and Derrick Huesta, Paul Worth, Garney Hardy, and Mark and Donna Whitham.

June 17-Liar's Pass Trail:

Bob Tyler reported a nice hike with the Huestas and that the downfall had been cut out of the trail since the Whithams hiked it, which was nice.

IAC Stickers

Two styles: 4.25" high x 3.5" wide with the IAC logo, web address, and list of club activities. 1.5" high x 11" wide "Idaho Alpine Club" sticker. The stickers are white graphics on a transparent background with adhesive on the face so they can be applied to the inside of a window on a vehicle. 50 cents per sticker or \$1 if you want one mailed to you. Contact the club Treasurer to obtain stickers.

Enjoy the outdoors with the

IAC

Join today

For more information write to the address below or visit our web site to download a free newsletter and application:

Idaho Alpine Club

P.O. Box 2883

Idaho Falls, Idaho 83403-2883

www.IdahoAlpineClub.org

Membership Fees

Full Year 7/1 to 10/1

Individuals: \$20 \$15

Family: \$25 \$20

After October 1, the payment of full year fee applies to the following year.

Full-time students (18 or older) and seniors (65 or older): \$5 off the above fee schedule.

IAC Logo T-Shirts!!

Short sleeves or long sleeves, crew neck, heather grey Dri Release material with club logo! Short sleeve \$12 each. Long sleeve \$21 each. Sizes Small, Medium, Large, and X-Large. The shirts are available at the monthly meetings, but if you just can't wait until the next meeting, contact the club Treasurer to get yours sooner.

Idaho Alpine Club

P.O. Box 2883

Idaho Falls, Idaho 83403-2883