

Idaho Alpine Club Bulletin

Volume 49 - Issue Number 1 - January 2009

CLIMBING MOUNTAINEERING BACKPACKING DAYHIKING BICYCLING XCSKIING SNOWSHOEING RAFTING

web site: www.idahoalpineclub.org

e-mail: info@idahoalpineclub.org

2009 Council

President	Mark Whitham	520-7232
Vice-president	Teak Cummings	524-5136
	Jeff Coward	522-8135
Secretary	Susan McKinley	529-4583
Treasurer	Donna Whitham	520-1728

Members-at-Large

Jim McBride	529-0586
Sam Pole	523-4970
Colleen Bohan	529-0151

Council Meetings:

Council Meetings are held on the second Thursday of each month at 7:30 PM

Upcoming Council Meetings:

January: Pole's Home 1932 East 25th Street

February: McBride's Home 1935 South Blvd.

Activity Coordinators:

Backpacking	Sam Pole	523-4970
Bicycling	Jeff Coward	522-8135
Climbing/Mountaineering		
	Kevin Coble	529-8142
	Eric Larsen	522-9354
Conservation	Open	787-2601
Cross-Country Skiing / Snowshoeing		
	Whithams	520-1728
Day Hiking	Sam Pole	523-4970
Rafting	Greg Hulet	523-6199
Trail Maintenance	Alan Crockett	529-5188
Bulletin Editor	Donna Whitham	520-1728
Bulletin Assistant	Mark Whitham	520-7232
Publicity	Open	787-2601
Historian/Librarian	Barbara Brown	522-8977
WebMaster	George Cole	716-0024
Program	Bob Tyler	787-2601

General Club Meeting

Held at **7:30 P.M.** on the first WEDNESDAY of each month, normally in the large meeting room of the Idaho Falls Public Library.

NO GENERAL MEETING IN JULY.

FEBRUARY Bulletin Deadline is:

5 PM on JANUARY 10

Trip descriptions, reports, and material for inclusion in the next bulletin are due by the 10th of the month due to bulk mailer deadlines.

Please send electronically to the bulletin editor at editor@idahoalpineclub.org

Note: Hand written or hard copy material will be included in the bulletin, time permitting.

IDAHO ALPINE CLUB GENERAL MEETING BRING A FRIEND AND ATTEND

"A GUIDE'S PERSPECTIVE ON CLIMBING IN THE TETONS"

WEDNESDAY, JANUARY 7, 2009 ~ 7:30 PM
IDAHO FALLS LIBRARY

Climbing guide Sue Miller will present a slide show giving us her perspective on climbing in the Tetons at our January meeting. Sue will show slides of both some of the more popular Teton climbs as well as some less frequently visited routes. Come enjoy views of Teton climbs that you may already have some familiarity with while gathering ideas for less frequently climbed routes that you might want to try in the future.

Sue is a well rounded outdoorswoman, having worked for 20 years as a guide with Jackson Hole Mountain Guides. In addition to guiding in the Tetons, she has guided in the western U.S. and in Alaska, including Denali.

She has made four trips to the Himalaya and Karakoram. She has skied the Haute Route from Chamonix to Zermatt, climbing Monte Rosa in the process.

Other activities include coordinating avalanche classes for Jackson Hole Mountain Guides in the winter. Come spring, Sue can be found studying bald eagles along the Snake River.

Be sure to come and hear Sue's professional take on climbing in the mountain range we sometimes like to consider as our own back yard.

The meeting is open to the public and all outdoor enthusiasts are invited to attend.

For more information contact programs@idahoalpineclub.org, log onto the club website at www.idahoalpineclub.org, or contact Bob Tyler at 787-2601.

President Speaks

As I write this, the snow is starting to fall bringing with it a whole new season of fun activities. Its time to trade-in your hiking boots for snowshoes or skies, and your climbing shoes for insulated boots and ice axes.

Winter brings us opportunities to have fun in many different ways but it also brings dangers that we don't have to deal with in the summer. Hypothermia and avalanches are the two biggest killers that we face in the winter months. Remember to dress in layers and wear your synthetic cloths (they will help keep you warm even if they are moist, cotton won't). Also make sure that that you take essential gear into the back-country like shovels, and transceivers. They can save your life but you need to know how to use them properly.

While some of us are out playing in the snow, others will be dreaming of next summer and putting in applications rafting permits to run one of the beautiful rivers in our area. If you fall into the last category don't forget the deadline for applications on most rivers is January 31. Hope you had a great holiday.

Mark Whitham

XCSkiing / Snowshoeing

Contact the Whithams 520.1728 or, xcski@idahoalpineclub.org for trip information, meeting location, and to sign up to go on a scheduled trip, unless otherwise indicated in the trip descriptions. Additional trips to be added over the winter, depending on conditions. If the roads are closed as many times as they were last year, or the weather too severe, the location of a trip may change or the trip may be canceled altogether.

All Trips Bring Your Own:

1. Water
2. Food/snacks

3. Dress in layers. Bring adequate extra Winter appropriate protective clothing-no cotton. Hat and gloves or mittens.
 4. Minor first aid items including sun screen, personal medications, as needed during the day.
 5. Headlamp (& Batteries)
 6. Map & Compass
 7. Sunglasses
 8. Lightweight shelter / space blanket.
 9. Appropriate equipment-skis or snowshoes, boots, poles, skins, shovel and avalanche transceiver depending on activity or terrain.
 - 10 Repair kit for your own equipment including duct tape and wax kit or glide liquid.
 - 11 Mat to sit on
- Other personal items of interest

January 1 Snowshoe Kelly Canyon Nordic Area:

Join us in welcoming in the new year with a snowshoe trip and an optional soak at Heise Hot Springs afterwards. The trails are adjacent to the Kelly Canyon Ski Resort about 30 - 45 minutes NE of town.

January 10 XCSki: Brimstone:

The trailhead is a Park-n-Ski area and is located ¼ mile north of the Island Park Ranger Station near Ponds Lodge Resort. There are four large loops classified as beginner to intermediate. The terrain varies from gentle grades to downhill runs through tree groves. There are nine miles of trail in this area. Bring binoculars. This is also Eagle count with Audubon.

January 11 XCSki or Snowshoe at Harriman State Park:

Meet at the park to Classic or skate ski the over 10 miles of groomed trails at Harriman State Park. Day pass is \$2 plus parking fee approx. \$4.

January 18 XCSki Ricks Basin:

Depending on conditions we will skate or XC ski on the groomed Nordic trails at Grand Targhee Resort. There are 10 miles of groomed trails that range from beginner to advanced. Day passes are \$10 for adults and \$5 for seniors or children.

AVALANCHE INTERNET SITES

Cyberspace Snow & Avalanche Center

This one stop site provides links to just about everywhere, plus tons of information about avalanche safety in the back-country:

<http://www.csac.org/>

North America:

<http://www.avalanche.org/>

Jackson Area: <http://jhalavalanche.org/>

Bozeman Area:

<http://www.mtavalanche.com/current/index.shtml>

Island Park Area:

<http://islandparksnow.net/>

Avalanche Safety Instruction:

<http://www.avalanchecourse.com/>

XC Ski Trail Conditions

Lone Mountain Resort

http://www.lmranch.com/lmr_content/winter/ski_cond.shtml

Bohart Ski Ranch

<http://www.bohartranchxcski.com/weather.php>

Chief Joseph Ski Trail Conditions

<http://bitterrootxcskiclub.net/trail%20reports.htm>

West Yellowstone

<http://www.rendezvouskitrails.com/report.html>

Rick's Basin (Grand Targhee)

<http://www.grandtarghee.com/winter/snowrpt.php>

Teton Valley (Driggs, Victor, Alta)

<http://www.tvtap.org/>

Harriman State Park

Phone: 208-558-7368

A web cam at Rainbow Reality gives you an idea of the snow on the ground conditions: <http://www.rainbw.com/>

Island Park Ranger District for

Brimstone/Bufalo

Phone: 208-558-7301

Ashton Ranger District for Bear

Gulch/Mesa Falls and Fall River Ridge

Phone: 208-652-7442

Mink Creek Nordic Grooming Report

<http://www.pokyxc.org/7128.html>

E. Idaho XC-Ski Guides/Maps

Black and white Kelly Canyon Nordic area map brochure will be available locally and at the trailhead.

A full color version of the current map can be downloaded from the IF Ski Club's web site, www.ifskiclub.com.

A new feature at Kelly is the large parking lot and permanent toilet at the Y-Junction which were provided under a grant request approved and funded by the Idaho Department of Parks and Recreation Off Road Motor Vehicle Fund.

These and additional area maps are available on the Idaho Falls Ski Club Website:

<http://ifskiclub.com>

- Bear Gulch-Mesa Falls Guide Map
- Brimstone-Buffalo River Guide Map
- Fall River Ridge Guide Map

- Harriman State Park Guide Map
- Harriman-Brimstone Connector Map

Kelly Canyon Nordic Area Guide Map

www.Delorme.com kindly allows the ski club to use these maps.

The IFSC Nordic Ski Schedule is also available at the same web site.

Climbing

For information on winter trips, driving instructions, or to sign up to go, contact Kevin Coble at 529-8142 or Eric Larsen at 522-9354. To find out about late fall and winter climbing locations or about impromptu weekend trips you will need to subscribe to the IAC climbing mailing list by visiting:

http://www.macrobotics.com/mailman/listinfo/iac_climbing or, via email, send a message with subject or body 'help' to: iac_climbing-request@macrobotics.com

The great thing about the e-mail list is that any club member, can plan a trip and let other club

members who have subscribed to the list know about it. So speak up if you've got a trip you want to plan.

Contra Dancing in Idaho Falls

Join the fun! Great cross training!! All dates are fourth Saturdays, except May.

Jan. 24, 2009

Feb. 28, 2009 Mar. 28, 2009

Apr. 25, 2009

May 16, 2009 (third Sat.)

Beginners are always welcome. (Please try to arrive at 7:30 for the beginners' workshop the first 30 minutes.)

Where: First Presbyterian Church, 325 Elm ST

When: Dance begins 8:00

Cost: \$5/person or \$20 per family

Who: Everyone! You do NOT need to know how to dance and DON'T need to bring a partner.

Support the Merchants who Support the IAC

Show your membership card for 10% discounts on regularly priced merchandise:

- ★ Idaho Mountain Trading 523-6679
Shoup & B, Idaho Falls
- ★ Canyon Whitewater Supply 522-3932
450 S Yellowstone, Idaho Falls
- ★ Alpine Schwinn 523-1226
1352 S. Holmes Ave.
- ★ Bill's Bike Shop 522-3341
805 S. Holmes Ave.
- ★ Lynna and Leland Howard offer members of IAC a 10% discount on all of their published books. 357-1917 or 357-3166;
lynna.howard@mac.com
leland@wildernessbooks.com
- ★ Stone Walls Rock Gym. \$1 off of Daily Rate. Call 528.8610 for information.
Winter hours are:
4-9 PM Monday - Thursday

4-10 PM Friday

12 - 10 PM Saturdays

- ★ Discounts on Jerry Painter's Hiking & Biking guide books

Big Holes Mtn. Bike Trail Maps

New US Forest Service maps of the Palisades and Teton Basin Ranger Districts have been posted on the Caribou-Targhee National Forest website. To see them go to:

<http://www.fs.fed.us/r4/caribou-targhee/caribou-targhee/palisades/maps.shtml> for the map index) reflecting the new summer travel plan for the Big Holes and some trail number changes elsewhere.

These changes are reflected a set of 10 maps covering all of the Palisades and Teton Basin Ranger Districts at a scale of 1:112,500. Twelve "specialty" trail maps have also been revised. These are hiking scale maps, 1:50,000 scale, covering popular hiking, ATV and motorcycle trail areas. One entirely new map shows the newly designated and constructed mtn biking trails in the Horseshoe Canyon area west of Driggs. These color maps are free for download and the only current maps available to the public. The trail designations are now legally enforceable.

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Trip Reports

December 6 Snowshoe / XCSki/ Annual Christmas Tree Hunt:

A great time was had by the Knights, the Whithams, Sandy Pew, Garney Hardy, and Paul Worth, while hiking in search of the perfect Christmas tree. A few inches of snow on the ground provided ambience for the search.

December 14 XCSki or Snowshoe at Harriman State Park:

With only a couple inches of snow at Harriman, marginal weather conditions, and poor roads, the trip was postponed till January.

RENEW NOW = FUN ALL YEAR

Dates to Remember:

JANUARY 7: IAC GENERAL MEETING
A GUIDE'S PERSPECTIVE
ON CLIMBING IN THE
TETONS

January 1: Snowshoe Kelly Canyon
Nordic Area

January 10: XCSki / Brimstone Trails

January 11: Snowshoe / XCSki /
Harriman State Park

January 18: XCSki / Ricks Basin

Climbing: Subscribe to find out the
weekly climbing location.

Get out there and experience it!

**Enjoy the outdoors with the
IAC
Join today**

*For more information write to the
address below or visit our web site
to download a free newsletter and
application:*

**Idaho Alpine Club
P.O. Box 2883
Idaho Falls, Idaho 83403-2883**

www.IdahoAlpineClub.org

Membership Fees

	Full Year 7/1 to 10/1	
Individuals:	\$20	\$15
Family:	\$25	\$20

After October 1, the payment of full
year fee applies to the following
year.

Full-time students (18 or older) and
seniors (65 or older): \$5 off the
above fee schedule.

IAC Council Meeting Monthly
minutes are available at
www.idahoalpineclub.org

IAC Logo T-Shirts & Patches!

Short sleeves or long sleeves, crew
neck, heather grey Dri Release material
with embroidered IAC Logo! Short
sleeve \$14 each. Long sleeve \$21
each. Sizes Small, Medium, Large, and
X-Large.

A limited number of embroidered Color
IAC Logo Patches are available for \$10
each.

The shirts and patches are available at
the monthly meetings, but if you just
can't wait until the next meeting,
contact the club Treasurer to get yours
sooner.

Grey Sale!!!!

All long sleeve grey silk screened IAC
logo T-shirts are now \$14 instead of
the normal \$21. All short sleeve grey
silk screened IAC logo T-shirts are now
\$10 instead of the normal \$14. These
would make a great gift for the hiker
that has everything. We will not be
ordering any more silk screened logo T-
shirts; this is your last chance. Contact
the club Treasurer for size availability
and to buy now.

*Idaho Alpine Club
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Idaho Falls, Idaho 83403-2883*